

# **North Lancashire Time Trial Association** **Combined Clubs 25 Incorporating NLTTA** **25 mile Championship**

**Promoted for and on behalf of Cycling Time Trials  
under their rules and regulations on Sunday 6th  
September 2020 0801hrs**

**Event Secretary – Derek Parkinson (Springfield Financial RT/Cleveleys  
Road Club)**

- Entries via club secretaries. Entries close 1<sup>st</sup> September.
- Email entry/rider list required to [dereparkinson42@gmail.com](mailto:dereparkinson42@gmail.com)
- Entry fee =£5 seniors, £3 juniors (consent form required)
- Electronic transfer to NLTTA account only please (no cash/chqs)  
**North Lancashire Time Trial Association 05-05-55 19376594**
- **All competitors must have a working rear light in order to start the event.**
- **For Juniors the wearing of a helmet is compulsory.**

**No Headquarters. Sign on at table at car boot on  
Park Lane B5272. Garstang Park on South West side  
of road only.(see map) Please note: It is 2 miles to  
start /finish area in Church Lane Winmarleigh PR3 0LA**

- Results will be posted on NLTTA website and FB page as soon as possible after the event. **No results will be available at the finish.** So Please do not ask. Leave immediately you have finished your ride.

## **COVID19 REGULATIONS**

**All competitors must observe the following rules:**

- **Maintain social distancing at all times. Especially when signing on and waiting to start. Avoid social contact with other competitors.**
- **Sign on with OWN pen**
- **Collect number**
- **Warm up/ride solo to start**
- **Complete event**

- **Return number to tub of disinfectant liquid at sign on table**
- **Leave event without changing as soon as possible**
- **Please avoid contact with other competitors**

#### **Course Details L2521a**

START in Church lane 10 yards North East of Cattery and 90 meters South West of Throstle nest lane junction. Proceed North East to Winmarleigh and into Broad Lane to junction with B5272. Turn left (CARE) along B5272 to junction with A588 at Cockerham. Turn left along A588 to Stakepool where turn left into Garstang Road opposite the Elletson Arms and continue to Cogie Hill. Bear left into Island Lane to pass through Start (12.48 miles) to complete circuit a second time. At the end of the second lap, pass the start area and finish 80 yards further along Church lane 10 yards before the large tree in the triangular island at the end of Throstle Nest Lane (25m)

**The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.**

**5** In ALL events competitors prior to starting are not permitted to ride past the Finish Timekeeper for the duration of the event.

**6** ALL competitors making a U turn in the vicinity of the Start or Finish area will be disqualified from the event.

**15** Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

#### **IN ADDITION TO THE ABOVE**

\*Riders must give their number at the finish and elsewhere on the course if requested

\*Riders must NOT STAND in the road at the start or the finish. (This constitutes obstruction and is a breach of Regulation 49)

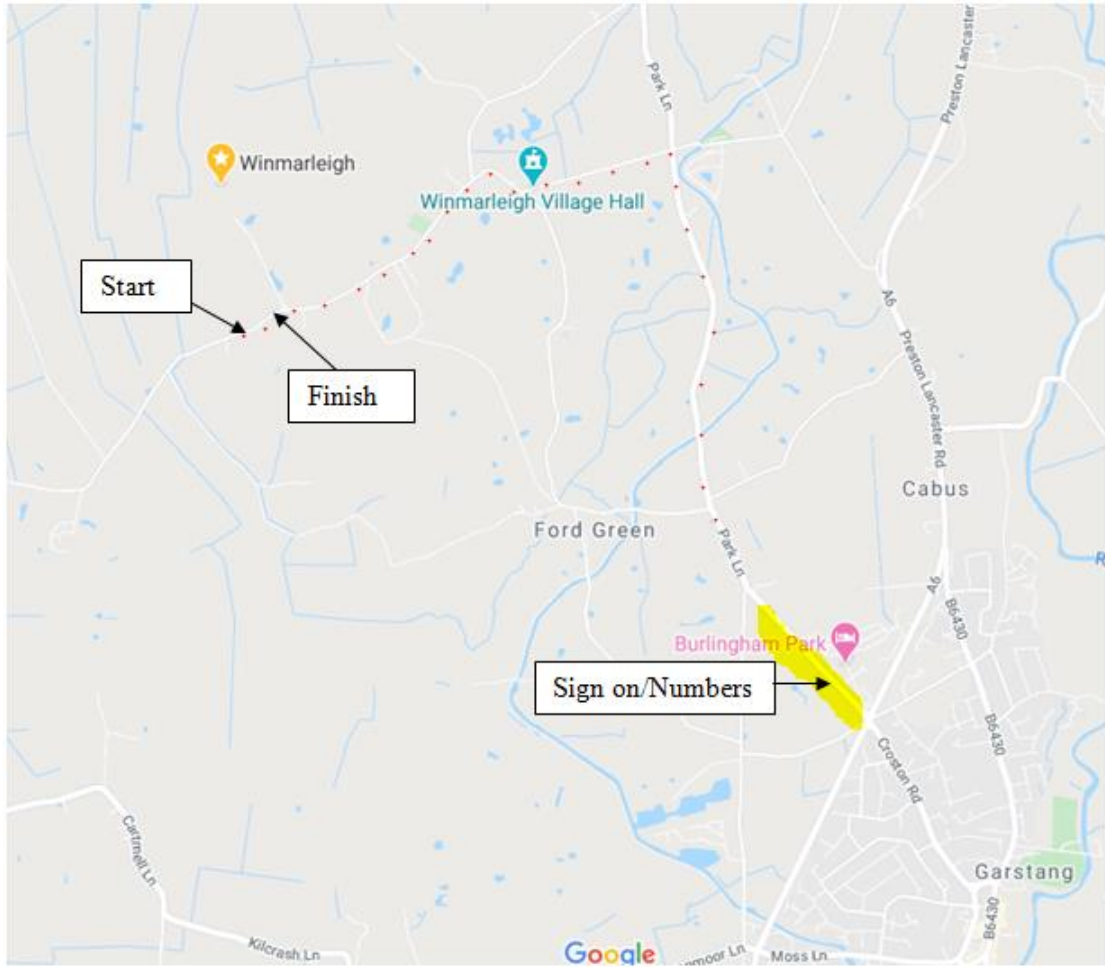
\*Riders must NOT ride with their heads down. Regulation 50

**“In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard”**

**For Juniors the wearing of these Helmets is compulsory.**

**Please also note a copy of the Risk Assessment for the course has been emailed to all club contacts.**

**Lights – CTT Regulations REQUIRE that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.**



Map showing start/finish area and signing on area